A BILL TO BE ENTITLED
AN ACT TO LOWER HEALTH CARE COSTS AND EXPAND ACCESS BY ALLOWING SMALL BUSINESSES TO OFFER EXCLUSIVE PROVIDER BENEFIT PLANS.

The General Assembly of North Carolina enacts:

SECTION 1.(a) G.S. 58-50-56(i) reads as rewritten:
"(i) A person enrolled in a preferred provider benefit plan, other than an exclusive provider benefit plan as defined in G.S. 58-50-56.1, may obtain covered health care services from a provider who does not participate in the plan. In accordance with rules adopted by the Commissioner and subject to G.S. 58-3-200(d), the preferred provider benefit plan may limit coverage for health care services obtained from a nonparticipating provider. The Commissioner shall adopt rules on product limitations, including payment differentials for services rendered by nonparticipating providers. These rules shall be similar in substance to rules governing HMO point-of-service products."

SECTION 1.(b) Article 50 of Chapter 58 of the General Statutes is amended by adding a new section to read:
(a) Definitions. – The following definitions shall apply in this section:
(1) Exclusive provider benefit plan. – A preferred provider benefit plan in which enrollees must receive covered services from health care providers who are under contract with the insurer and under which there is no requirement of coverage for care received from a health care provider who is not under contract with the insurer, except for emergency services as required by G.S. 58-3-190 and medically necessary covered services as required by G.S. 58-3-200(d).
(2) Insurer. – As defined in G.S. 58-50-56.
(3) Ongoing special condition. – One of the following conditions:
a. An acute illness that is serious enough to require medical care or treatment to avoid a reasonable possibility of death or permanent harm.
b. A chronic illness, disease, or condition that is life-threatening, degenerative, or disabling and that requires medical care or treatment over a prolonged period of time.
c. Pregnancy from the start of the second trimester.
d. A terminal illness for which an individual has a medical prognosis of a life expectancy of six months or less.
Terminated or termination. – The expiration or nonrenewal of a contract. This term does not include an ending of the contract by an insurer for failure to meet applicable quality standards or for fraud.

(b) Termination of a Provider. – If (i) a contract between an insurer and a health care provider offering an exclusive provider benefit plan is terminated by the provider or by the insurer or benefits or coverage provided by the insurer are terminated because of a change in the terms of provider participation in an insurer’s exclusive provider benefit plan and (ii) an insured is undergoing treatment from the provider for an ongoing special condition on the date of termination, then the following shall apply:

(1) Upon termination of the contract by the insurer or upon receipt by the insurer of written notification of termination by the provider, the insurer shall notify the insured on a timely basis of the termination and of the insured’s right to elect continuation of coverage of treatment by the provider. This subdivision shall apply only if the insured has a claim with the insurer for services provided by the terminated provider or the insured is otherwise known by the insurer to be a patient of the terminated provider.

(2) Subject to subsection (h) of this section, the insurer shall permit an insured to elect to continue to be covered with respect to the treatment by the terminated provider for the ongoing special condition during a transitional period, as provided under this section.

(c) Newly Covered Insured. – Each exclusive provider benefit plan offered by an insurer shall provide transition coverage to individuals who (i) are newly covered under an exclusive provider benefit plan because the individual’s employer has changed benefit plans and (ii) are undergoing treatment from a provider for an ongoing special condition. On the date of enrollment, an insurer shall notify the newly covered insured of the right to elect continuation of coverage of treatment by a provider that is not contracted with the exclusive provider benefit plan and, subject to subsection (h) of this section, the insurer shall permit the newly covered insured to elect to continue to be covered with respect to the treatment by the provider of the ongoing special condition during a transitional period, as provided under this section.

(d) Transitional Period: In General. – Except as otherwise provided in this section, the length of a transitional period provided under this subsection shall be determined by the treating health care provider, so long as it does not exceed 90 days after the date of the notice to the individual described in subdivision (b)(1) of this section or the date of enrollment in a new plan described in subsection (c) of this section.

(e) Transitional Period: Scheduled Surgery, Organ Transplantation, or Inpatient Care. – If surgery, organ transplantation, or other inpatient care was scheduled for an individual, or if the individual was on an established waiting list for surgery, organ transplantation, or other inpatient care, before the date of the notice required under subdivision (b)(1) of this section or the date of enrollment described in subsection (c) of this section, then the transitional period under this subsection with respect to the surgery, transplantation, or other inpatient care shall extend through the date of discharge of the individual after completion of the surgery, transplantation, or other inpatient care, and through postdischarge follow-up care related to the surgery, transplantation, or other inpatient care occurring within 90 days after the date of discharge.

(f) Transitional Period: Pregnancy. – If an individual has entered the second trimester of pregnancy on or before the date of the notice required under subdivision (b)(1) of this section or the date of enrollment in a new plan described in subsection (c) of this section, and the provider was treating the pregnancy before the date of the notice or the date of enrollment in the plan, then the transitional period with respect to the provider’s treatment of the pregnancy shall extend through the provision of 60 days of postpartum care.

(g) Transitional Period: Terminal Illness. – If an individual was determined to be terminally ill at the time of a provider’s termination of participation under subsection (b) of this Session 2021
section or at the time of enrollment in the plan under subsection (c) of this section, and the
provider was treating the terminal illness before the date of the termination or enrollment in the
plan, then the transitional period shall extend for the remainder of the individual's life with respect
to care directly related to the treatment of the terminal illness or its medical manifestations.

(h) Permissible Terms and Conditions. – An insurer may condition coverage of continued
treatment by a provider under subsection (b) or subsection (c) of this section upon the following
terms and conditions:

1. When care is provided pursuant to subsection (b) of this section, the provider agrees to accept reimbursement from the insurer and, with respect to
cost-sharing, from the insured involved at the rates applicable before the start
of the transitional period as payment in full.

2. When care is provided pursuant to subsection (c) of this section, the provider agrees to accept the prevailing rate based on contracts the insurer has with the
same or similar providers in the same or similar geographic area, plus the
applicable copayment from the newly covered insured, as reimbursement in
full from the insurer and the insured for all covered services.

3. The provider agrees to comply with the quality assurance programs of the
insurer responsible for payment under this subsection and to provide to the
insurer necessary medical information related to the care provided. The
insurer's quality assurance programs shall not override the professional or
ethical responsibility of the provider or interfere with the provider's ability to
provide information or assistance to the insured.

4. The provider agrees to adhere to the insurer's established policies and
procedures for participating providers, including procedures regarding
referrals and obtaining prior authorization, providing services pursuant to a
treatment plan approved by the insurer, and member hold harmless provisions.

5. The receipt of notification from the insured within 45 days of the date of the
notice described in subdivision (b)(1) of this section or the new enrollment
described in subsection (c) of this section that the insured elects to continue
receiving treatment by the provider.

6. The provider agrees to discontinue providing services at the end of the
transition period and to assist the insured in an orderly transition to a network
provider. Nothing in this section shall prohibit the insured from continuing to
receive services from the provider at the insured's expense.

(i) Construction. – Nothing in this section shall do any of the following:

1. Require the coverage of benefits that would not have been covered if the
provider involved remained a participating provider or, in the case of a newly
covered insured, require the coverage of benefits not provided under the
policy in which the newly covered insured is enrolled.

2. Require an insurer to offer a transitional period when the insurer terminates a
provider's contract for reasons relating to quality of care or fraud. Refusal by
an insurer to offer a transitional period under these circumstances is not
subject to the grievance review provisions of G.S. 58-50-62.

3. Prohibit an insurer from extending any transitional period beyond that
specified in this section.

4. Prohibit an insurer from terminating the continuing services of a provider
when the insurer has determined that the provider's continued provision of
services may result in, or is resulting in, a serious danger to the health or safety
of the insured. A termination for these reasons shall be in accordance with the
contract provisions that the provider would otherwise be subject to if the
provider's contract were still in effect.
Disclosure of Right to Transitional Period. – Each insurer shall include a clear description of an insured's rights under this section in its evidence of coverage and summary plan description.

SECTION 2. The Department of Insurance may adopt temporary rules to implement this act.

SECTION 3. This act becomes effective October 1, 2021, and applies to insurance contracts issued, renewed, or amended on or after that date.