



## North Carolina Department of Health and Human Services

Pat McCrory  
Governor

Aldona Z. Wos, M.D.  
Ambassador (Ret.)  
Secretary DHHS

Adam Sholar  
Legislative Counsel  
Director of Government Affairs

December 1, 2013

The Honorable Marilyn Avila, Co-Chair  
Appropriations Subcommittee on Health  
and Human Services  
Room 2217, Legislative Building  
Raleigh, NC 27601

The Honorable William Brisson, Co-Chair  
Appropriations Subcommittee on Health  
and Human Services  
Room 405, Legislative Office Building  
Raleigh, NC 27603

The Honorable Mark Hollo, Co-Chair  
Appropriations Subcommittee on Health  
And Human Services  
Room 639, Legislative Office Building  
Raleigh, NC 27603

Dear Representatives Avila, Brisson and Hollo:

Pursuant to North Carolina General Statute 143B-152.15, please find enclosed the Family Resource Center Grant Program Annual Report for State Fiscal Year 2012-2013. This report also covers the federally funded Family Support Programs.

This report covers two models of Family Support service, Family Resource Centers (FRC) and Respite programs that were funded by the Division of Social Services (DSS) during state fiscal year (SFY) 2012-2013. Family Support programs were funded to develop local family-centered services aimed at helping families provide safe and stable environments for the healthy development of children. During the report period, forty two Family Support programs and nine Respite programs were fully or partially funded during this reporting year. They served 6,205 duplicated participants, meaning that some participants were counted more than once because they received multiple services. Four thousand eight hundred six (4,806) individuals from 2,924 families participated in targeted, ongoing activities for which outcome assessments were completed. One thousand one hundred and fifty (1,150) families had multiple family members participating in such activities.

We appreciate the opportunity to share this report with you and look forward to responding to any questions you may have about this report. If you have questions about the report, please contact Wayne Black, Director of the Division of Social Services. He can be reached at (919) 527-6335 or via e-mail at [Wayne.Black@dhhs.nc.gov](mailto:Wayne.Black@dhhs.nc.gov).

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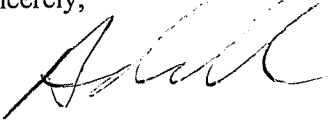
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Sincerely,



Adam Sholar  
Legislative Counsel  
Director of Government Affairs

|     |                                     |                   |                            |
|-----|-------------------------------------|-------------------|----------------------------|
| cc: | Sherry Bradsher                     | Adam Sholar       | Kristi Huff                |
|     | Wayne Black                         | Pat Porter        | Brandon Greife             |
|     | Pam Kilpatrick                      | Jennifer G. Smith | Rod Davis                  |
|     | Jim Slate                           | Rennie Hobby      | Steve Owen                 |
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|     |                                     |                   | Representative Mark Hollo  |



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December 1, 2013

Mark Trogon, Director  
Fiscal Research Division  
N.C. General Assembly  
300 N. Salisbury Street  
Suite 619, Legislative Office Building  
Raleigh, NC 27603

Dear Director Trogon:

Pursuant to North Carolina General Statute 143B-152.15, please find enclosed the Family Resource Center Grant Program Annual Report for State Fiscal Year 2012-2013. This report also covers the federally funded Family Support Programs.

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Representative Justin Burr

Representative Mark Hollo



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December 1, 2013

The Honorable Louis Pate, Co-Chair  
Senate Appropriations on Health  
and Human Services  
Room 406, Legislative Office Building  
Raleigh, NC 27603

The Honorable Ralph Hise, Co-Chair  
Senate Appropriations on Health  
and Human Services  
Room 1026 Legislative Building,  
Raleigh, NC 27601-2808

Dear Senators Pate and Hise:

Pursuant to North Carolina General Statute 143B-152.15, please find enclosed the Family Resource Center Grant Program Annual Report for State Fiscal Year 2012-2013. This report also covers the federally funded Family Support Programs.

This report covers two models of Family Support service, Family Resource Centers (FRC) and Respite programs that were funded by the Division of Social Services (DSS) during state fiscal year (SFY) 2012-2013. Family Support programs were funded to develop local family-centered services aimed at helping families provide safe and stable environments for the healthy development of children. During the report period, forty two Family Support programs and nine Respite programs were fully or partially funded during this reporting year. They served 6,205 duplicated participants, meaning that some participants were counted more than once because they received multiple services. Four thousand eight hundred six (4,806) individuals from 2,924 families participated in targeted, ongoing activities for which outcome assessments were completed. One thousand one hundred and fifty (1,150) families had multiple family members participating in such activities.

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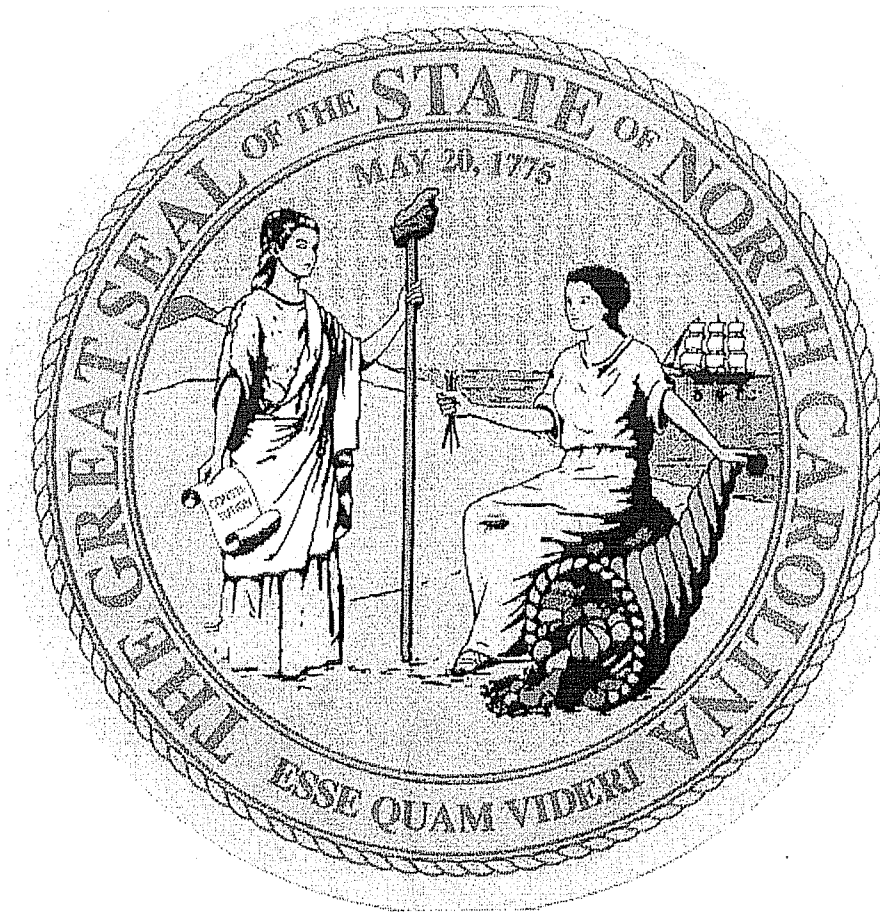
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Deborah L. Landry Representative Justin Burr  
Legislative Library (one hard copy) Representative Mark Hollo

**FAMILY RESOURCE CENTER GRANT PROGRAM  
2013 ANNUAL REPORT**

Pursuant to G.S. 143B-152.15



**NORTH CAROLINA DEPARTMENT OF HEALTH AND HUMAN SERVICES  
DIVISION OF SOCIAL SERVICES**

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### **Executive Summary**

Pursuant to North Carolina General Statute 143B-152.15, this report presents evaluation data and findings for the Family Resource Center Grant Program administered by the North Carolina Department of Health and Human Services, Division of Social Services. This report provides evaluation results of two community-based child abuse and neglect prevention models - Family Support and Respite Programs. Funding for these programs comes from federal Promoting Safe and Stable Families, Subpart II of the Social Security Act and federal Community-Based Child Abuse Prevention (CBCAP) monies. The information in this report covers the period July 1, 2012 to June 30, 2013.

Forty two (42) Family Support programs and nine (9) Respite programs were fully or partially funded during this reporting year. Combined, these programs served 6,205 duplicated participants.<sup>1</sup> Four thousand eight hundred six (4,806) unduplicated individuals from 2,924 families participated in targeted, ongoing activities for which outcome assessments were completed. One thousand one hundred fifty (1,150) families had multiple family members participating in such activities.

The North Carolina Family Support Outcome Scale (NCFSES) is used to measure participants' progress in meeting outcome goals related to service areas. NCFSES assessments demonstrate that Family Support and Respite programs are meeting goals to help children and families develop skills to strengthen relationships, increase family functioning, promote child well-being, and prevent child abuse and neglect.

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<sup>1</sup> Participants were counted more than once because they received multiple services.

## 2013 ANNUAL REPORT

Pursuant to G.S. 143B-152.15, the North Carolina Department of Health and Human Services (DHHS) submits the Family Resource Center Grant Program annual report for State Fiscal Year 2012-2013. This report is submitted to the Senate Appropriations Committee on Health and Human Services, the House of Representatives Appropriations Subcommittee on Health and Human Services, and the Fiscal Research Division and provides a description of the program and the results of the program evaluation.

### **Description of the Family Resource Center Grant Program**

The Family Resource Center Grant Program is comprised of community-based Family Support and Respite services. Funding for these services is authorized by the federal Promoting Safe and Stable Families, Subpart II (P.L. 112-34) and the federal Community Based Child Abuse Prevention (CBCAP, P.L. 111-320). The purpose of these funds is develop, operate, expand, and enhance community-based, prevention-focused programs and activities designed to strengthen and support families to prevent child abuse and neglect

Family Support and Respite services support community-based evidence-based, evidence-informed programs and practices that provide outreach, support and services to individuals and families identified as being at-risk of compromised health and safety to eliminate or reduce those risks by promoting protective factors that strengthen and support families.

#### ***Family Support Programs***

Family Support programs are designed to prevent involvement in child protective services. By targeting a wide range of needs within the family, Family Support programs are able to help the individual family members, strengthen the family as a whole, and increase community involvement. The expectation is for a reciprocal effect, stronger communities then fostering strong families and protecting children.

NCDSS funding requires each Family Support program to tailor services to meet the needs of the community, through the delivery of evidence-based, evidence-informed programs. Programs in one area of the state may look quite different from those in another area because of the differing needs in the two communities

#### ***Respite Programs***

Similar to Family Support, agencies delivering Respite programming are required to deliver services based on identified community need. Emerging research has demonstrated respite is an essential component of a comprehensive continuum of child abuse and neglect prevention programming. Respite programming is short-term and is intended to keep families together and children to remain at home and in the community. Respite service models include, but are not limited to:

- In-home respite with trained professionals or volunteer providers;
- Out-of-home respite (child care centers, schools, family care home, foster care homes, hospitals, or specific respite facility) with trained professionals or volunteer providers;
- Periodic respite (churches, community centers or other community-based organizations that support periodic respite events);
- Summer camps, recreational, or after-school programs.

Respite programs may utilize a voucher system, where participants are given vouchers for respite providers; some operate facilities where children may stay for a predetermined amount of time; while

others offer structured activities for children to provide parents a few hours on their own. Respite services provide a much-needed break for parents and caregivers, particularly parents of children with special needs. Respite services are inexpensive and are an investment that can reduce family stress, mitigating the risk of child abuse and neglect.

During SFY 2012-2013, NCDSS funded forty two (42) Family Support programs and nine (9) Respite programs. (See Appendix A for the Statewide Distribution of Programs by model of service).

### **Program Evaluation**

Pursuant to 143B-152.15(a), NCDSS utilizes the North Carolina Family Support Database to assess the effectiveness of Family Support and Respite program services. This database was developed in conjunction with the Human Service Smart Agency at the University of North Carolina at Chapel Hill School of Social Work, housed and maintained by Appalachian State University's Social Work Program. The database is now maintained by the DHHS' Division of Information Resource Management (DIRM).

NCDSS requires providers of Family Support and Respite services to input data monthly. This data includes the following process and outcome metrics and measures:

- Type of services provided by the Family Support or Respite Program
- Demographic information about the participants of each activity
- North Carolina Family Support Outcome Scales (NCFSOS)

### ***Participant Demographics and Services Summary***

The following outputs are reported for SFY 2012-2013:

- 6,205 participants served
- 4,806 individuals from 2,924 families participated in targeted, ongoing activities (See Table 1).
- Of these 4,806 persons, 965 participated in two or more activities.
- 1,150 families had more than one family member participate in an activity where NCFSOS outcome assessments were completed.

**Table 1 – Summary of Individual Statistics Activities Statewide**

|                                                 |       |
|-------------------------------------------------|-------|
| Number of Activities                            | 359   |
| Average Length (in days)                        | 139.3 |
| Average Duration of Sessions (in hours)         | 3     |
| Participants (duplicated)                       | 6,205 |
| Participants (unduplicated)                     | 4,806 |
| Persons Participating in More Than One Activity | 965   |
| Number of Families                              | 2,924 |
| Families Having More than one Participant       | 1,150 |

Table 2 provides demographic information based on unduplicated counts regarding participant age, ethnicity, and gender. To summarize:

- The largest group served was the European-American with 2,394 individuals (49.8%).
- 34% of participants were children under the age of 13

- 40.1% were 18 or younger.
- Slightly more than half (52.0%) were between the ages of 19 and 49
- 62.6% of the participants were female.

**Table 2<sup>2</sup> – Family Support/Respite Program Participant Demographics (Unduplicated Count)**

| <b>Age of Participants</b>    | <b>Individual Activities</b> |                |
|-------------------------------|------------------------------|----------------|
|                               | <b>Number</b>                | <b>Percent</b> |
| 0 – 5                         | 925                          | 19.2%          |
| 6 – 12                        | 711                          | 14.8%          |
| 13 – 18                       | 295                          | 6.1%           |
| 19 – 29                       | 948                          | 19.7%          |
| 30 – 39                       | 1,024                        | 21.3%          |
| 40 – 49                       | 530                          | 11%            |
| 50 – 59                       | 242                          | 5%             |
| 60+                           | 131                          | 2.7%           |
| <b>TOTAL</b>                  | 4,806                        | 100.00%        |
|                               |                              |                |
| <b>Race of Participants</b>   | <b>Individual Activities</b> |                |
|                               | <b>Number</b>                | <b>Percent</b> |
| African American              | 1,636                        | 34%            |
| Asian American                | 26                           | 0.5%           |
| European American (Caucasian) | 2,394                        | 49.8%          |
| Hispanic                      | 475                          | 9.9%           |
| Native American               | 160                          | 3.3%           |
| Other                         | 115                          | 2.4%           |
| <b>TOTAL</b>                  | 4,806                        | 100.00%        |
|                               |                              |                |
| <b>Gender of Participants</b> | <b>Individual Activities</b> |                |
|                               | <b>Number</b>                | <b>Percent</b> |
| Female                        | 3,009                        | 62.6%          |
| Male                          | 1,797                        | 37.4%          |
| <b>TOTAL</b>                  | 4,806                        | 100.00%        |

Table 3 identifies the type of service delivered through activities and the unit(s) of service provided for each type. The predominate units of service were devoted to Parent/Child Participation (30.1%), Parent Education (20%) and Child Development (16.4%), which is consistent with the NCDSS requirement that Family Support Programs provide evidence-based/evidence-informed programs and practices to families within their communities. Type of service is counted, rather than participants, to report a more accurate portrayal of the total services provided through each activity. An individual attending a parenting class eight (8) times is recorded as receiving eight (8) units of service. Using this methodology, activities that

<sup>2</sup> Percentages shown in the tables have been rounded to a single decimal place and therefore may not add up to exactly 100%.

were more long term and required more resources appear with more units of service than shorter duration activities with similar numbers of attendees.

**Table 3 – Family Support/Respite Program Service Types/Participant Percentages**

| <b>Service Type</b>         | <b>Individual Activities</b> |                |
|-----------------------------|------------------------------|----------------|
|                             | <b>Number</b>                | <b>Percent</b> |
| Adoption Promotion/ Support | 6,230                        | 12.6%          |
| Child Development           | 8,126                        | 16.4%          |
| Fatherhood                  | 943                          | 1.9%           |
| Parent Education            | 9,869                        | 20%            |
| Parent Support Group        | 4,410                        | 8.9%           |
| Parent/Child Participation  | 14,855                       | 30.1%          |
| Respite Care                | 4,985                        | 10.1%          |
| <b>TOTAL</b>                | <b>49,418</b>                | <b>100.00%</b> |

#### *North Carolina Family Support Outcome Scale*

The North Carolina Family Support Outcome Scale (NCFSES) is a strength-based assessment tool developed for measuring outcomes across the wide range of services offered by Family Support and Respite programs. It has been incorporated into the on-line database and is the assessment tool used by all NCDSS funded Family Support and Respite programs. A NCFSES is completed with all participants to measure their progress relative to the target goal of the activity. All outcomes are tied to the goals and outcomes mandated for these programs, either through legislation or NCDSS policy. The NCFSES is divided into four domains, each of which measures several broad areas through subscales:

- Overall Child Functioning
- Overall Parent Functioning
- Overall Family Functioning
- Family's Relationship to the Community

Because there is a large array of potential services, each item in the scale addresses a very complex issue with a single global phrase. A NCFSES outcome assessment is completed for each participant. It is important to note, if an individual participates in a Nurturing Parenting class and a Fathering program, that individual will have separate assessments for each of those activities, as the targeted outcomes for each class are different. Family Support and Respite program staff complete the intake assessment as soon after the beginning of the activity as is practical and only those subscales that are directly related to the outcome goals of the activity being provided are rated. (See Appendix B for the NCFSES tool).

#### *Results*

Tables 4 through 8 show the results for all domains covered by the NCFSES. For each subscale, the table indicates the total number of participants who were evaluated using that particular subscale, and the number and percentage of participants achieving each level of change. By assigning a value of "1" to the rating "weak strength" and a value of "5" to "clear strength", movement along this continuum is shown in the results of the NCFSES. Moving 'backward' (from a solid strength to a mild strength, for example) would result in an assessment score of "less than or equal to -1", while moving 'forward' would result score of +1, +2, or +3 or more, depending on the distance moved. A score of zero indicates that there was

no change in the rating from intake to closure. It is important to note that a score of "0", or no movement, does not necessarily indicate any weaknesses in the family interactions. If a participant is rated in the beginning with strengths in certain areas, and the subscales addressing those areas were rated accordingly at intake, there may not be a change in those areas at closure. This may be due to the Family Support and Respite program and participant concentrating their efforts in other areas, where the individual was not as strong. A score of "0" might also indicate a stabilization of the participant issues related to the subscale. This occurrence would generally be characterized as positive.

The results of the NCFSES assessments clearly indicate that Family Support and Respite programs help both individual family members and families as a whole develop skills to strengthen their relationships and increase family functioning. All domains showed that participants generally enhanced their functioning or retained previously effective levels of functioning. Few participants overall saw a decrease in functioning.

In the Overall Child Functioning Domain (Table 4), all domains showed an increase by at least one-third of participants. Over one-half reflected an increase in Child's Behavior (52.42%), and just less than one-half showed increases in School Performance (47.96%) and Child's Developmental Status (48.88%).

**Table 4 – NCFSES Outcome Assessments**  
**Level of Change per Participant – Overall Child Functioning**

| <b>Overall Child Functioning</b>             | <b>Less than or equal to -1</b> | <b>0</b>        | <b>1</b>      | <b>2</b>      | <b>Greater than or equal to 3</b> | <b>Number of Participants evaluated</b> |
|----------------------------------------------|---------------------------------|-----------------|---------------|---------------|-----------------------------------|-----------------------------------------|
| Child's Developmental Status                 | 0.23%<br>6                      | 50.89%<br>1,315 | 35.53%<br>918 | 11.03%<br>285 | 2.32%<br>60                       | 2,584                                   |
| Child's Physical Health                      | 0.42%<br>10                     | 60.77%<br>1,430 | 29.28%<br>689 | 8.8%<br>207   | 0.72%<br>17                       | 2,353                                   |
| Child's Mental Health                        | 0.43%<br>9                      | 61.28%<br>1,282 | 31.12%<br>651 | 6.93%<br>145  | 0.24%<br>5                        | 2,092                                   |
| Child's Behavior                             | 0.83%<br>20                     | 46.75%<br>1,129 | 36.85%<br>890 | 12.05%<br>291 | 3.52%<br>85                       | 2,415                                   |
| Child's School Performance                   | 0.53%<br>6                      | 51.51%<br>580   | 34.64%<br>390 | 11.37%<br>128 | 1.95%<br>22                       | 1,126                                   |
| Teenager's Movement Towards self-sufficiency | 0.00%<br>0                      | 60.14%<br>258   | 32.87%<br>141 | 6.06%<br>26   | 0.93%<br>4                        | 429                                     |

In the Overall Parent Functioning Domain (Table 5), over one-half of parents increased their Parenting Skills, Knowledge, and Attitudes (54.5%) and their Sense of Support in Parenting Role (53.22%). Increased knowledge and confidence, as well as support, can relieve the stress and anxiety of parenting, and lead to a decrease in child maltreatment. Over forty percent of the participants increased their Participation in Community Groups and Activities (45.54%) which can provide the parent with a support base within their community.

**Table 5 – NCFSES Outcome Assessments**  
**Level of Change per Participant – Overall Parent Functioning**

| <b>Overall Parent Functioning</b>                         | <b>Less than or equal to -1</b> | <b>0</b>        | <b>1</b>        | <b>2</b>      | <b>Greater than or equal to 3</b> | <b>Number of Participants evaluated</b> |
|-----------------------------------------------------------|---------------------------------|-----------------|-----------------|---------------|-----------------------------------|-----------------------------------------|
| Parenting skills, knowledge, and attitudes                | 0.15%<br>5                      | 45.35%<br>1,552 | 36.15%<br>1,237 | 14.64%<br>501 | 3.71%<br>127                      | 3,422                                   |
| Parent's sense of support in parenting role               | 0.54%<br>17                     | 46.25%<br>1,466 | 36.25%<br>1,149 | 12.84%<br>407 | 4.13%<br>131                      | 3,170                                   |
| Parent's physical health                                  | 0.65%<br>18                     | 72.03%<br>1,986 | 20.67%<br>570   | 5.33%<br>147  | 1.31%<br>36                       | 2,757                                   |
| Parent's mental health                                    | 0.69%<br>19                     | 67.63%<br>1,857 | 22.07%<br>606   | 8.19%<br>225  | 1.42%<br>39                       | 2,746                                   |
| Parent's educational attainment                           | 0.39%<br>11                     | 74.26%<br>2,089 | 18.73%<br>527   | 5.26%<br>148  | 1.35%<br>38                       | 2,813                                   |
| Parent's leadership skills                                | 0.72%<br>21                     | 57.58%<br>1,682 | 28.76%<br>840   | 9.96%<br>291  | 2.98%<br>87                       | 2,921                                   |
| Parent's participation in community groups and activities | 0.86%<br>23                     | 53.6%<br>1,435  | 30.37%<br>813   | 10.87%<br>291 | 4.3%<br>115                       | 2,677                                   |

In the Overall Family Functioning Domain (Table 6), programs are meeting the mandate to improve parent/child interactions. Over one-half (50.87%) of participants showed increases in Parent-child Interactions/Parent-child Relationships, increases in Family Communication (55.55%), and increases in Family Cohesiveness and Mutual Support (51.92%). Over forty percent of participants increased their Informal Social Support (42.5%), Physical, Learning and Emotional Environments in the Home (41.64%) and their Ability to Solve Family Disputes without Violence (40.44%).

**Table 6 – NCFSS Outcome Assessments**  
**Level of Change per Participant – Overall Family Functioning**

| <b>Overall Family Functioning</b>                    | <b>Less than or equal to -1</b> | <b>0</b>        | <b>1</b>      | <b>2</b>      | <b>Greater than or equal to 3</b> | <b>Number of Participants evaluated</b> |
|------------------------------------------------------|---------------------------------|-----------------|---------------|---------------|-----------------------------------|-----------------------------------------|
| Parent-child interactions, parent-child relationship | 0.44%<br>12                     | 48.69%<br>1,339 | 33.38%<br>918 | 12.98%<br>357 | 4.51%<br>124                      | 2,750                                   |
| Family Communication                                 | 0.36%<br>8                      | 44.09%<br>985   | 37.24%<br>832 | 13.83%<br>309 | 4.48%<br>100                      | 2,234                                   |
| Family cohesiveness, mutual support                  | 0.23%<br>5                      | 47.85%<br>1,022 | 35.49%<br>758 | 11.47%<br>245 | 4.96%<br>106                      | 2,136                                   |
| Physical, learning, emotional environments at home   | 0.48%<br>8                      | 57.88%<br>959   | 30.78%<br>510 | 9.23%<br>153  | 1.63%<br>27                       | 1,657                                   |
| Informal social support                              | 0.59%<br>11                     | 56.91%<br>1,058 | 31.04%<br>577 | 9.58%<br>178  | 1.88%<br>35                       | 1,859                                   |
| Family economic self-sufficiency                     | 0.87%<br>15                     | 70.61%<br>1,223 | 21.82%<br>378 | 5.48%<br>95   | 1.21%<br>21                       | 1,732                                   |
| Ability to meet basic economic needs                 | 0.76%<br>13                     | 73.16%<br>1,254 | 21.35%<br>366 | 4.2%<br>72    | 0.53%<br>9                        | 1,714                                   |
| Ability to solve family disputes without violence    | 1.16%<br>20                     | 58.41%<br>1,011 | 30.04%<br>520 | 9.3%<br>161   | 1.1%<br>19                        | 1,731                                   |



Programs have also been successful in the domain of Families' Relationships to the Community (Table 7). The greatest increase was in Knowledge of Available Human Services (58.85%) and Linkages between Family and Community Resources (59.17%). Nearly one-half of participants exhibited increases in Relations between Family and Human Services Staff (48.21%). The more positive the relationship between family members and service providers, the more likely the family is to get the assistance they need. Having an existing relationship with community services may prevent the family's situation from deteriorating, or lead the family to seek additional help prior to becoming part of a Child Protective Services report.

**Table 7 – NCFSS Outcome Assessments**  
**Level of Change per Participant – Family's Relationship to the Community**

| <b>Family's Relationship to the Community</b>     | <b>Less than or equal to -1</b> | <b>0</b>      | <b>1</b>      | <b>2</b>      | <b>Greater than or equal to 3</b> | <b>Number of Participants evaluated</b> |
|---------------------------------------------------|---------------------------------|---------------|---------------|---------------|-----------------------------------|-----------------------------------------|
| Family's knowledge of available human services    | 0.09%<br>2                      | 41.06%<br>930 | 34.83%<br>789 | 16.82%<br>381 | 7.2%<br>163                       | 2,265                                   |
| Linkages between family and community resources   | 0.1%<br>2                       | 40.73%<br>813 | 35.42%<br>707 | 15.08%<br>301 | 8.67%<br>173                      | 1,996                                   |
| Relations between family and human services staff | 1.07%<br>17                     | 50.72%<br>808 | 30.89%<br>492 | 13.87%<br>221 | 3.45%<br>55                       | 1,593                                   |
| Family's participation in FS program governance   | 2.45%<br>30                     | 61.6%<br>754  | 21%<br>257    | 12.34%<br>151 | 2.61%<br>32                       | 1,224                                   |

The North Carolina Family Support Outcome Scale (NCFSS) is used to measure participants' progress in meeting outcome goals related to service areas. NCFSS assessments demonstrate that Family Support and Respite programs are meeting goals to help children and families develop skills to strengthen relationships, increase family functioning, promote child well-being, and prevent child abuse and neglect.

#### **Fiscal Analysis**

In SFY 2012-2013, NCDSS awarded Family Support and Respite program contracts totaling \$3,993,282. This amount included \$2,889,822 in federal Promoting Safe and Stable Families, Subpart II and \$1,103,460 in federal Community-Based Child Abuse Prevention (CBCAP) monies. There were no state funds appropriated for the Family Resource Center Program during SFY 2012-2013.

Family Support programs received braided funding through both Promoting Safe and Stable Families and CBCAP funds; however the majority of Family Support programs were wholly funded through IVB-2. Respite programs were funded entirely with CBCAP funds (See Appendix C). Per unduplicated participant costs equaled approximately \$831, annualized.

**Appendix A**  
**Statewide Distribution of Programs by Model of Service and County**

| County     | Family Support | Respite |
|------------|----------------|---------|
| Alamance   | X              |         |
| Alexander  |                |         |
| Alleghany  | X              |         |
| Anson      |                |         |
| Ashe       |                |         |
| Avery      |                |         |
| Beaufort   |                |         |
| Bertie     | X              |         |
| Bladen     |                |         |
| Brunswick  | X              |         |
| Buncombe   | X              | X       |
| Burke      | X              |         |
| Cabarrus   | X              |         |
| Caldwell   |                |         |
| Camden     |                |         |
| Carteret   |                |         |
| Caswell    |                |         |
| Catawba    |                |         |
| Chatham    | X              |         |
| Cherokee   | X              | X       |
| Chowan     |                |         |
| Clay       | X              | X       |
| Cleveland  |                |         |
| Columbus   | X              |         |
| Craven     |                |         |
| Cumberland | X              |         |
| Currituck  |                |         |
| Dare       |                |         |
| Davidson   | X              |         |
| Davie      |                | X       |
| Duplin     |                |         |
| Durham     | X              |         |
| Edgecombe  | X              |         |
| Forsyth    | X              | X       |
| Franklin   |                |         |
| Gaston     |                |         |
| Gates      |                |         |
| Graham     | X              | X       |
| Granville  |                |         |
| Greene     |                |         |
| Guilford   | X              | X       |
| Halifax    |                |         |
| Harnett    |                |         |
| Haywood    | X              | X       |
| Henderson  | X              |         |
| Hertford   |                |         |
| Hoke       |                |         |
| Hyde       |                |         |
| Iredell    | X              |         |
| Jackson    | X              | X       |

| County       | Family Support | Respite |
|--------------|----------------|---------|
| Johnston     |                |         |
| Jones        |                |         |
| Lee          |                |         |
| Lenoir       |                |         |
| Lincoln      |                |         |
| Macon        | X              | X       |
| Madison      |                |         |
| Martin       | X              |         |
| McDowell     | X              |         |
| Mecklenburg  |                |         |
| Mitchell     |                |         |
| Montgomery   |                |         |
| Moore        |                |         |
| Nash         | X              |         |
| New Hanover  | X              |         |
| Northampton  |                |         |
| Onslow       |                |         |
| Orange       | X              | X       |
| Pamlico      |                |         |
| Pasquotank   |                |         |
| Pender       |                |         |
| Perquimans   |                |         |
| Person       |                |         |
| Pitt         | X              |         |
| Polk         |                |         |
| Randolph     |                |         |
| Richmond     | X              | X       |
| Robeson      | X              |         |
| Rockingham   | X              |         |
| Rowan        |                |         |
| Rutherford   |                |         |
| Sampson      |                |         |
| Scotland     |                |         |
| Stanly       |                |         |
| Stokes       | X              | X       |
| Surry        | X              | X       |
| Swain        | X              | X       |
| Transylvania | X              |         |
| Tyrrell      |                |         |
| Union        |                |         |
| Vance        | X              |         |
| Wake         | X              |         |
| Warren       |                |         |
| Washington   |                |         |
| Watauga      |                |         |
| Wayne        | X              | X       |
| Wilkes       |                | X       |
| Wilson       |                |         |
| Yadkin       | X              | X       |
| Yancey       |                |         |

## Appendix B

### North Carolina Family Support Outcome Scale

Type: ☐ Intake ☐ Closure      Client's Name: \_\_\_\_\_  
 Date: \_\_\_\_/\_\_\_\_/\_\_\_\_      Activity Name: \_\_\_\_\_  
 Staff Member: \_\_\_\_\_

This questionnaire addresses issues that are important to families. It is to be completed at least twice—once before the intervention begins and once after it ends—**by the same staff member**. It is very important that the same staff member fill out this assessment for the same family so the success of the intervention or service can be measured. Consider each item below in terms of the family's current situation. Rate each item on the **5-point continuum** below. N/A means Not Applicable, and this may be the appropriate response for many items. To complete the Scale, please check the appropriate box for each item.

#### A. Overall Child Functioning

|                                                           | Weak<br>Strength         | Mild<br>Strength         | Moderate<br>Strength     | Solid<br>Strength        | Clear<br>Strength        | Not Applicable           |
|-----------------------------------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 1. Child's developmental status (social, cognitive, etc.) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Child's physical health                                | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Child's mental health                                  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Child's behavior                                       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Child's school performance                             | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Teenager's movement towards self-sufficiency           | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

#### B. Overall Parent Functioning

|                                                     | Weak<br>Strength         | Mild<br>Strength         | Moderate<br>Strength     | Solid<br>Strength        | Clear<br>Strength        | Not Applicable           |
|-----------------------------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 1. Parenting skills, knowledge, and attitudes       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Parent's sense of support in parenting role      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Parent's physical health                         | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Parent's mental health                           | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Parent's educational attainment                  | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Parent's leadership skills                       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Participation in community groups and activities | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

| <u>C. Overall Family Functioning</u>                       | <u>Weak Strength</u>     | <u>Mild Strength</u>     | <u>Moderate Strength</u> | <u>Solid Strength</u>    | <u>Clear Strength</u>    | <u>Not Applicable</u>    |
|------------------------------------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 1. Parent-child interactions, parent-child relationship    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Family communication                                    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Family cohesiveness, mutual support                     | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Physical, learning, emotional environments in home      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Informal social support (from friends, extended family) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Family economic self-sufficiency                        | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Ability to meet basic economic needs                    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Ability to solve family disputes without violence       | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

| <u>D. Family's Relationship to Community</u>           | <u>Weak Strength</u>     | <u>Mild Strength</u>     | <u>Moderate Strength</u> | <u>Solid Strength</u>    | <u>Clear Strength</u>    | <u>Not Applicable</u>    |
|--------------------------------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 1. Family's knowledge of available human services      | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Linkages between families and human services        | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Relations between families and human services staff | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Family's participation in FS program governance     | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**Appendix C**  
**Contract Award Amount and Funding Source**

| Contract Name                                         | Funding Source and Amount |           |
|-------------------------------------------------------|---------------------------|-----------|
|                                                       | PSSF                      | CBCAP     |
| <b>Family Support Programs</b>                        |                           |           |
| Alleghany Partnership for Children                    | \$100,000                 |           |
| Barium Springs Home for Children                      | \$77,351                  |           |
| Barium Springs Home for Children                      |                           | \$50,000  |
| Burke County Public Schools                           | \$100,600                 |           |
| Chapel Hill Training Outreach Project, Inc. 943       | \$152,500                 |           |
| Chapel Hill Training Outreach Project, Inc. 272       | \$96,682                  |           |
| Chatham County Health Department                      |                           | \$43,916  |
| Child Advocacy and Parenting Place                    |                           | \$14,000  |
| Child Advocacy Center                                 |                           | \$26,656  |
| Children's Home Society                               |                           | \$43,316  |
| Columbus County DREAM Center, Inc.                    | \$100,000                 |           |
| Communities In Schools of Brunswick County, Inc       | \$103,100                 |           |
| Communities In Schools of Durham, Inc.                |                           | \$152,500 |
| Down East Partnership For Children                    | \$101,550                 |           |
| Down East Partnership For Children                    | \$101,550                 |           |
| Durham County Government                              | \$96,739                  |           |
| Durham Exchange Clubs' Family Center                  | \$86,250                  |           |
| East Carolina University                              |                           | \$40,000  |
| Exceptional Children's Assistance Center              |                           | \$60,000  |
| Exchange Clubs' Family Center                         |                           | \$50,000  |
| Exchange Foundation for the Prevention of Child Abuse |                           | \$150,000 |
| Fairgrove Family Resource Center                      | \$100,000                 |           |
| Family Resources of Cherokee County, Inc              | \$105,000                 |           |
| Family Service of the Piedmont, Inc.                  | \$152,240                 |           |
| Franklin-Vance-Warren Opportunity                     | \$100,000                 |           |
| Help, Incorporated: Center Against Violence           | \$66,728                  |           |
| Martin-Tyrrell-Washington District Health Department  | \$70,000                  |           |
| McDowell County Schools                               | \$149,187                 |           |
| Public Health Authority of Cabarrus                   |                           | \$29,369  |
| Richmond County Community Support Center, Inc         | \$100,000                 |           |
| Robeson County Committee on Domestic Violence, Inc.   |                           | \$31,626  |
| Robeson County Dept of Public Health                  | \$100,000                 |           |
| SAFEchild, Inc.                                       | \$74,545                  |           |
| SAFEchild, Inc.                                       |                           | \$33,121  |
| Southwestern Child Development Commission, Inc.       | \$152,500                 |           |
| Swain County Government                               |                           | \$146,100 |
| The Children's Center of Surry, Inc                   | \$155,000                 |           |
| The Family Place of Transylvania County               | \$103,100                 |           |
| The Family Place of Transylvania County               |                           | \$31,939  |
| University of North Carolina at Chapel Hill           |                           | \$101,341 |

|                                                                    |                    |                    |
|--------------------------------------------------------------------|--------------------|--------------------|
| WAGES                                                              | \$52,700           |                    |
| WAGES                                                              |                    | \$99,576           |
| <b>Respite Programs</b>                                            |                    |                    |
| Caring for Children, Inc                                           | \$30,000           |                    |
| Chapel Hill Training Outreach Project, Inc.                        | \$30,000           |                    |
| Exchange Club Center for the Prevention of Child Abuse of NC, Inc. | \$30,000           |                    |
| One Economy                                                        | \$22,500           |                    |
| Richmond County Community Support Center, Inc                      | \$30,000           |                    |
| The Children's Center of Surry, Inc                                | \$30,000           |                    |
| Southwestern Child Development Commission, Inc.                    | \$60,000           |                    |
| Wayne Uplift Resource Association, Inc                             | \$30,000           |                    |
| Youth Focus, Inc.                                                  | \$30,000           |                    |
| <b>TOTALS</b>                                                      | <b>\$2,889,822</b> | <b>\$1,103,460</b> |