NC Opioid Action Plan

Child Fatality Taskforce

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3 PEOPLE DIE EACH DAY FROM OPIOID OVERDOSE IN NC


Average mortality rate: 6.4 per 100,000 persons
Average dispensing rate: 82.9 Rx per 100 persons

Analysis: Injury and Epidemiology Surveillance Unit
In 2014, for every 1 opioid overdose death, there were just under 3 hospitalizations and nearly 4 ED visits due to medication or drug overdose.

Analysis by Injury Epidemiology and Surveillance Unit
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With unprecedented availability of cheap heroin and fentanyl...

MORE PEOPLE ARE DYING

**Opioid Potency**

- Carfentanil: 10,000x
- Fentanyl: 100x
- Heroin: 2x
- Morphine: 1x
Increase in Acute Hepatitis C Cases
North Carolina, 2000–2016*

2009 to 2016*
Reported Hep C cases increased more than 500%

Note: Case definition for acute Hepatitis C changed in 2016.
*Data from 2016 are preliminary and subject to change
^ Estimated true number 10–15x higher than number of reported cases
*2016 data are preliminary and subject to change

Source: NC Division of Public Health, Epidemiology Section, NC EDSS, 2000-2016
The epidemic is devastating our families...

Number of Hospitalizations Associated with Drug Withdrawal in Newborns

Percent of Children Entering Foster Care in NC with Parental Substance Use as a Factor in Out-of-Home Placement
SFY 09/10-15/16

Analysis by Injury Epidemiology and Surveillance Unit

Source: NC DHHS Client Services Data Warehouse, Child Placement and Payment System
Many organizations* across NC are addressing the opioid overdose epidemic.

*Logos not all inclusive
Prescription Drug Abuse Advisory Committee (PDAAC)
Mandated Coordination of State Response to the Opioid Epidemic

2015 Session Law 241 mandates
State strategic plan • DHHS creates PDAAC • Annual report to General Assembly

• Meets quarterly
• 5 work groups & action plans
• 150+ participate
• State agencies, partner organizations; anyone working on the opioid epidemic
NC Opioid Action Plan: FOCUS AREAS

- Create a coordinated infrastructure
- Reduce oversupply of prescription opioids
- Reduce diversion of prescription drugs and flow of illicit drugs
- Increase community awareness and prevention
- Make naloxone widely available and link overdose survivors to care
- Expand treatment and recovery oriented systems of care
- Measure our impact and revise strategies based on results

https://www.ncdhhs.gov/opioids
Prescription Drug Abuse Advisory Committee

North Carolina Opioid Action Plan
Prescription Drug Abuse Advisory Committee (PDAAC)

First Responders/Communities
- Law Enforcement
  - Law Enforcement Assisted Diversion
  - Trafficking investigation & response
  - LE naloxone administration
  - Post-reversal response
- Local Response
  - Build & sustain local coalitions
  - Community naloxone distribution
  - Safer syringe initiative
  - Community paramedicine
  - Drug takeback, disposal, storage
  - Youth primary prevention

Health Care
- Health Systems & Providers
  - Safe prescribing
  - Pain management
  - CSRS
  - Care linkages
  - Diversion prevention & response
  - Naloxone co-prescribing
  - Pharmacist naloxone dispensing
- Payers
  - Medicaid & commercial payer policies
  - Workers' comp policies

Treatment and Recovery Providers
- Treatment Access
  - Treatment access
  - MAT access: OBOT
  - Telemedicine: SUD & MAT
  - Transportation
  - Special population: Pregnant women
  - Special population: Justice-involved persons
- Recovery Support
  - Community based support
  - Housing
  - Employment
  - Recovery courts

Data, Surveillance, & Research Teams
- Data
  - Track metrics
- Research/Evaluation
  - Consortium
  - Surveillance
North Carolina has achieved some successes... AND has more work to do.